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Alternative Solid Sample Pretreatment Methods in Green Analytical Atomic Spectrometry

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ABSTRACT A review of recent literature utilizing alternative sample pretreatment methods for solid environmental and biological materials analysis to assess total metals content by atomic spectrometry is provided. All the selected treatments coincide with all or some of the fundamentals of Green Chemistry policy such as prevention of waste generation; safer and less toxic solvents and reagents; and designs for energy efficiency. The review covers the classic slurry sampling technique, mainly, its current trends, as well as developments based on the use of diluted acids, chelating agents solutions, or even water for leaching (extraction) methods assisted by ultrasounds, microwave energy, or pressurization. In addition, the use of conventional or assisted enzymatic hydrolysis procedures is also discussed.

KEYWORDS atomic spectrometry, green chemistry, sample pretreatment, trace elements

INTRODUCTION

Although the introduction of the concept of Green Chemistry^[1] and the establishment of the Twelve Principles of Green Chemistry^[2] were mainly focused on industrial process and synthetic chemistry, most of these fundamentals were rapidly applied to analytical procedures leading to the concept of Green Analytical Chemistry (GAC).^[3] From these twelve principles, four top priorities concerning the elimination or reduction of organic solvents and/or highly toxic or ecotoxic reagents, the prevention of waste generation, and the reduction of energy consumption, were first identified in the analytical laboratory by Namieśnik.^[4]

Nowadays, aspects involving none or simple sample preparation, or little or no sample destruction, have also been introduced as principles of GAC^[5] and the sample pretreatment stage has received special attention to make it greener.^[5–7]

Concerning spectrometric determinations, acid digestion procedures, mainly microwave assisted methods, are the most used methodologies as sample pretreatment to assess major and trace elements. A variety of procedures, as well as concentrated acids, commonly nitric acid (HNO₃) and

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hydrochloric acid (HCl), have been described and applied to digest biological, environmental, and geological materials. All these procedures require the use of highly toxic reagents as concentrated hydrogen peroxide (H₂O₂) and/or concentrated acids (HNO₃, HCl) when treating biological samples, and even forbidden reagents as hydrofluoric acid (HF) when preparing geological material and samples with a high silicate content, with the subsequent generation of toxic wastes. Another drawback that these treatments offers is the nitrous vapor generated as a consequence of organic matrix destruction, vapors that require safety considerations.

Sample pretreatment for elemental analysis can be minimized or even omitted when using spectrometric methods based on laser ablation or glow discharge coupled to plasma techniques. However, these analytical methods can only be applied to limited kinds of samples^[5] and therefore, the sample pretreatment for spectrometric analysis is still an active research field and the development of green methodologies for these treatments is a current trend in analytical chemistry.

In this article we have revised the most useful and greenest sample pretreatments for atomic spectrometric determinations in solid samples. All these methods are considered as alternative methodologies to conventional wet digestions procedures. The revised sample pretreatments comprise the well-established slurry sampling technique, first applied in the 1970s,^[8] and modern pretreatments based on certain physical/chemical mechanisms to make more efficient the interaction between the solid phase (the sample) and the liquid phase (the extracting). Because of a more efficient contact between sample and extracting, diluted acids and/or non-toxic reagents can be used. The main mechanisms involve the use of ultrasounds (ultrasound assisted extraction, UAE) or microwave irradiation (microwave assisted extraction, MAE) and pressurization (pressurized liquid extraction, PLE). In addition, enzymatic hydrolysis procedures have been also considered as environmentally friendly methods because of the mild operating conditions required and the avoidance of concentrated acids for trace elements extraction. At this point it is worth mentioning that the action of enzymes, mainly proteolytic enzymes, on biological matrices can be efficiently speeded up by ultrasounds,^[9] pressurization,^[10] and even microwave irradiation.^[11]

SLURRY SAMPLING TECHNIQUES IN ATOMIC SPECTROSCOPY

The slurry sampling technique is a well-established methodology for direct determination of trace metals in solid samples by Atomic Spectrometry. The use of this approach provides good analytical results with some advantages over conventional procedures including: (1) reduced sample preparation time; (2) decreased possibility of loss of analyte through volatilization prior to analysis; (3) reduced possibility of sample contamination, (4) it prevents the use of dangerous and corrosive reagents and (5) applicability to both organic and inorganic samples; and (6) the same atomizers that are used for liquid sampling can be used for the atomization. Moreover, the slurry technique overcomes some of the problems associated with direct solid sampling as it allows sample introduction using conventional autosamplers.

Slurry Sampling Techniques in ETAAS and FAAS

Most of the applications of slurry sampling technique make use of Electrothermal Atomic Absorption Spectrometry (ETAAS). In this way, Bendicho and de Loos-Vollebregt^[12] published in 1991 a review reporting the different aspects of solid sampling in ETAAS (direct solid sampling and slurry sampling). Later, Kürfust^[13] summarized the literature about solid and slurry sampling up to the mid 1990s and Cal-Prieto et al.^[14] published a review of the literature about slurry sampling for ETAAS from 1990 to 2000. Recently, Vale et al.^[15] published a review about the current status of direct solid sampling for ETAAS including the developments between 1995 and 2005.

The most critical factor in slurry sampling technique is the need for maintaining stable the slurry during the time required for sample introduction. This is especially important when using ETAAS, being the particle size distribution is a most critical parameter for any technique that involves sample introduction by nebulization such as FAAS or ICP-OES/MS. Different techniques have been proposed for homogenization of slurry, including manual shaking, mechanical agitation (magnetic stirring and vortex mixing), gas bubbling, ultrasonic homogenization (ultrasonic baths or ultrasonic probes either hand-held or assembled to the

autosampler tray).^[16] The advantages and disadvantages of these systems have been evaluated by different authors and were reported in the cited reviews.

Other drawbacks of slurry methods are associated with the particle size, grinding time, and sedimentation error.^[17,18] In these cases, these problems are avoided with the addition of special agents (thixotropic or surfactant agents) to the liquid medium. In low-density materials the main problem is the flotation of light and finely ground material on the surface of the slurry. Therefore, wetting and dispersing agents must be used and ethanol, Triton X-100, and glycerol are the most commonly reported.^[14,15]

Another important factor is the liquid media used to obtain the slurry. The liquid acts as a suspension media but also as an extracting medium, improving the accuracy and the precision. In many cases, the use of H₂O was good enough to obtain satisfactory results, being a good contribution to the Green Chemistry.^[14,19,20] Various authors have used concentrated acids, including HNO₃, HF, or a combination of HNO₃ and H₂O₂^[21] or H₂O₂.^[14,15] The use of these acids results in similar corrosive waste problems as with conventional sample digestion.

The minimum number of particles that should be introduced into the graphite tube in order to ensure the representativity of the aliquot of sample analyzed is another factor that has to be taken into account. Some authors have concluded that a minimum of 50 particles have to be introduced.^[22] In this sense, Miller-Ihli^[23] developed an equation to calculate the representative sample mass. In this equation the author takes in to consideration the percentage of analyte extracted to the liquid media during the slurry preparation.

Slurry methods using FAAS are more limited because of the restriction of the particle size. Usually the developed methods require an acid medium to prepare the slurry. In this way, Alves et al.^[24] developed a method for Cu, Zn, and Pb in river sediments using acidified slurries (6.0 mol L⁻¹ HNO₃ and 2% (m/v) NH₄Cl) sonicated for 15 min in an ultrasonic bath. Mn and Zn in chocolate samples were determined by da Silva et al.^[25] using multi-element flame atomic absorption spectrometry. Also, in this case, the slurry was prepared in an acid medium (2.0 mol L⁻¹ HNO₃) under sonication (15 min). The same acid medium but with a sonication time of 20 min was used by Ferreira et al.^[26] for Zn and Cu

determination in human hair. The authors compared the results obtained using this acid slurry and after complete digestion in a closed system showed no significant differences. Recently, a comparison of slurry sampling and microwave-assisted digestion for Ca, Mg, Fe, Cu, and Zn determination in fish was reported by Alonso et al.^[27] The treatment of slurried samples in nitric acid by microwave irradiation permitted achievement of efficient recoveries for Ca, Fe, Mg, and Zn; however, it was necessary to use hydrochloric acid as a suspension medium for Cu determination.

Slurry Sampling Techniques in ICP

The application of slurries as sample introduction in inductively coupled plasma OES and MS have been reported by several authors for the determination of different elements mainly in inorganic materials such as cement clay and ceramic and geological materials. Different works dealing with this topic are compiled in a first review published by Ebdon et al.^[28] in 1997 about slurry nebulization in ICP. Recently, Santos and Nóbrega^[29] published in 2006 a new review about the slurry nebulization in plasmas for analysis of inorganic materials. Although most of the applications were devoted to inorganic samples,^[29] some authors have used the slurry technique combined to plasmas for elemental analysis in biological and organic samples. Therefore, Cernohorsky et al.^[30] have analyzed flour-based ready-oven foods; Krejcova et al.^[31] have determined macro and trace elements in multivitamins preparations; Baralkiewicz et al.^[32] have developed a simple and rapid method for Pb, Mg, and Ca in plant roots; and Zachariadis and Valianou^[33] have studied different nebulizers systems for multi-element analysis of infant milk powders.

A critical factor in direct analysis of slurries by ICP-OES is the stability and homogeneity of the slurry. High stable and homogeneous slurry is necessary in order to achieve a homogeneous and reliable aerosol for introduction into the plasma and to obtain precise and accurate results.^[29] Therefore, different suspending or dispersing agents such as Triton X-100, poly(acrylate amine), NH₃, HNO₃, HCl have been used for several samples.^[29,30,32] Usually, the slurry is stirred before the introduction in the plasma using the same systems reported earlier.^[29] However,

the use of surfactant agent does not avoid problems related to particle size distribution, a parameter that affects the efficiency on transport and atomization-excitation. In general, a mean particle size of 5–10 μm is essential to ensure that the slurry has similar transport properties than an aqueous solution^[29] and therefore, an efficient grinding process is needed. For samples such as porcelain material,^[34] the effect of the particle size was found as negligible for sizes less than 57 μm .

Chemical Vapor Generation from Slurry Sampling

The method of cold vapor (CV)/hydride generation (HG) is a well-established sample introduction technique in atomic spectroscopy. The technique is applicable to the determination of trace levels of As, Hg, Sb, Se, Sn (and other hydride forming elements) in different matrixes. However, the application of these techniques to solid samples requires the complete digestion (usually acid digestions with HNO_3 , HCl) of the sample prior to the analysis. To overcome this limitation, different authors have proposed the use of slurries as an alternative technique of sample preparation before the vapor generation and recently, Matusiewicz^[35] reviewed the use of this approach. The main problem associated with this technique is the low vapor generation efficiency from the metals trapped in the solid particles. To avoid this problem, several authors have prepared the slurry sample in acid medium such as HCl ,^[35] $\text{HCl} + \text{HF}$, HNO_3 ,^[36,37] aqua regia,^[38] aqua regia + HCl ,^[39,40] aqua regia + HF ^[41] in combination with a mechanical agitation or sonication process. The use of these acids improved the vapor generation efficiency due to the analyte's mobilization from the solid particle to the liquid phase. The disadvantages of these procedures are the time required to complete the acid slurry preparation (10 min–hours) and in some cases, the high acid concentrations used, which are not environmentally friendly. For certain matrixes such as coal fly ash and urban dust, it was possible the determination of these elements using aqueous slurry sampling. In this way, Moreda-Piñeiro et al.^[42] have developed a method for As, Sb, and Se determination in aqueous slurries of coal fly ash samples by hydride generation-atomic fluorescence spectrometry. The same authors compared the results

obtained for As, Sb, and Sn in urban dust samples, using aqueous and acidified slurry sampling.^[43] These authors concluded that the chemical composition and the mean particle size of the samples determine the accuracy of the results. The use of aqueous slurries is enough to obtain accurate results from samples with low particle size and high carbon content when As and Sn were determined. However, the use of acidified slurries (in this case, diluted nitric acid) is necessary to achieve accurate results for samples with high mean particle size and low gypsum and low carbon content.

On the other hand, vapor generation from slurries samples has been used for speciation studies. In this way, several works have been published for Sb, As, and Se speciation in different samples such as sediments, liver tissue, or garlic. Some of these works have been included in the review by Matusiewicz.^[35]

LEACHING (EXTRACTION) METHODS

Leaching methods, also referred as lixiviation methods, are based on the use of diluted reagents, mainly acids (acid leaching or acid lixiviation), to extract or leach the target trace elements from solid samples. In general, leaching procedures do not involve the total matrix sample destruction but the breakdown of certain chemical bonds between the trace elements and the matrix sample constituents.^[44] However, it has been established that a partial dissolution of the solid sample is unavoidable, especially when biological matrices are being treated with diluted oxidizing acids such as nitric acid and the sample dissolution ratio is expected to be increased when assisting the process with ultrasounds, microwaves, or pressurization. Therefore, the mechanisms through which the targets reach the solution can be considered as partial sample decomposition.^[45] Because leaching does not lead to a total solubilization of sample, leachable recoveries of some elements can be lower than total concentrations and recoveries can only achieve total values if the elements are completely soluble in the leaching solvent.^[45] This is important for some elements such as aluminum, which is normally associated to the silicate fraction in the sample and it is not easily leached, leading to non-quantitative extractions.

The procedure that can be considered as the first application of an acid leaching process can be

attributed to Westöö^[46] who used concentrated hydrochloric acid to break down the chemical bonds between methyl-mercury and the protein thiol groups in biological matrices prior to the solvent extraction of this mercury specie in an organic solvent. Based on this early work, there have been many applications of different assisted or not assisted acid leaching procedures to isolate methyl-mercury from different biological and environmental matrices, as well as other leaching methods using non-acidic solutions for organometallic speciation studies.^[47] In addition, the sequential selective extraction techniques commonly used to fractionate the solid-phase forms of metals, mainly in contaminated soils and sediments (BCR and Tessier methods) can be also considered as leaching procedures.^[48]

This section will only be devoted to those leaching methods developed to assess the total metal content in a solid sample. In this sense, the first reference on using an acid leaching method for total metal extraction can be attributed to Puchyr and Shapiro.^[49] These authors used concentrated acids (a 9/1 HCl/HNO₃ mixture, as a leaching solution) and heating to extract quantitatively Al, Cd, Cr, Cu, Fe, K, Mg, Ni, Sn, and Zn from foods. A similar application has been proposed by Torstensen et al.^[50] to leach trace elements from thermomechanical pulps from paper industries with a chelating agent as diethylenetriaminepentaacetic acid disodium salt (DTPA) and sulfurous acid at a pH 2.5; and by Vidal et al.^[51] for releasing trace elements from diet feed samples.

Ultrasound-Assisted Leaching

The application of ultrasound energy by means of ultrasonic water baths or ultrasonic probes for assisting or accelerating both organic and inorganic compounds extraction from solid materials is nowadays a current practice.^[52,53] This is especially significant for some spectrometric techniques such as electrothermal atomic absorption spectrometry (ETAAS), which are available with ultrasonic probes coupled to the autosampler device.^[54] As commonly reported,^[52,53] the induced cavitations process occurring in a medium containing suspended particles promotes asymmetric collapses of bubbles leading high-speed microjets toward the solid phase. Under these conditions analyte transport from the solid particles to the

liquid phase is more efficient and quantitative extractions in short times can be expected. In addition, due to a best interaction between the solid sample and the extracting solution, chemical bonds between the analytes and the matrix components can be broken by the action of diluted acids. As recently reviewed by Santos Júnior et al.,^[53] two ultrasound generator devices are available: ultrasounds water-baths (ultrasonic baths, ultrasonic cleaning devices) and ultrasonic probes. The next sections will be devoted to reported applications by using both ultrasounds assisting systems (see Table 1).

Ultrasound Water Bath-Assisted Leaching

The first device consists of a tank, with or without temperature control, in which the ultrasound transducer (normally placed at the bottom of the tank) transfers the ultrasound energy to the liquid, normally ultrapure water, contained in the tank. By this way, the ultrasound energy is partially dissipated in both the reaction vessels placed in the bath and also through the water contained into the tank. In addition, considerations on the position in which the sample vessel is situated inside the bath (vertical and horizontal position) must be taken into account. Therefore, the intensity of the ultrasound energy is not constant in all points of the bath, neither inside all reaction vessels.^[55] This fact, together with the different ultrasound frequencies and powers depending on the specific transducers used in the different commercial ultrasonic baths, makes the attempts to compare experimental conditions difficult. These drawbacks are avoided when using ultrasonic probes, in which the ultrasound transducer is coupled to metal probes (tips), or to pure titanium or even glass probes^[54,56,57] to minimize metal contamination. These probes are then directly immersed into the reaction vessels and the ultrasound energy is completely absorbed by the reaction medium, increasing the sonication efficiency.

Some papers using ultrasound water baths were published early but most of these developments used concentrated acids in order to acid digest the sample.^[58–61] The first reference using ultrasounds (water-bath device) and a diluted acid as an extracting solution can be attributed to Kumina et al.^[62] who extract Ca, Cu, Fe, K, Mg, Mn, Na, and Zn from plant samples with 1.5 M HCl. Other applications involving

TABLE 1 Applications of Ultrasound Assisted Leaching Methods (Ultrasonic Bath and Probe)

Analyte	Sample	Processor	Leaching solution (atomic spectrometric technique)	Temperature	Leaching time	Ref.
Ca, Cu, Fe, K, Mg, Mn, Na, Zn	Plants	Bath	1.5 M HCl	Room temperature	4.0 min ^a	62
Cd, Cu, Fe, Pb, Zn	Plants	Bath	1.0 M HCl	Room temperature	15.0 min	63
Total Cr (Cr(III) and Cr(VI))	Welding fumes	Bath	2.0%(w/v) NaOH +3.0%(w/v) Na ₂ CO ₃ (pH 12.7)	70°C	30.0 min	64
Se	Bovine liver and seafood	Bath	4.0%(v/v) HNO ₃ (ETAAS)	Room temperature	18.0 min	65
Cd	Sludge, ash, krill, and human hair	Bath	6.0 M HCl (CVAAS)	Room temperature	20.0 min	66
Ca, Mg, Mn, Zn	Vegetables	Bath	0.14 M HNO ₃ (FAAS)	Room temperature	10.0 min	67
Fe			1.4 M HNO ₃ (FAAS)			
Ge	Soils	Probe	Concentrated HF (ETAAS)	Room temperature	10.0 min	68
Cd, Pb	Foods	Bath	2.8 M HNO ₃ (FAAS)		5.0–10.0 min	
Ca, Cd, Cu, K, Mg, Mn, Na, V, Zn	Mussels	Bath	1.6 M HNO ₃ + 1.2 M HCl + 1.5 M H ₂ O ₂ (FAAS/ETAAS)	Room temperature	120.0 min	69
Cd, Cu, Mn, Pb	Biological materials	Bath	0.5 M HNO ₃ (ETAAS)	Room temperature	5.0 min	70
As, Ca, Cd, Co, Cr, Cu, Fe, Hg, Mg, Mn, Pb, Se, Zn	Mussels, clams, tuna	Bath	(0.5–4.5)M HNO ₃ + (2.0–4.0)M HCl + 1.5 M H ₂ O ₂ (FAAS/ETAAS/CVAAS)	Room temperature except for Se (90°C)	10.0 min except for Se (35.0 min)	71
As, Ca, Cd, Co, Cr, Cu, Fe, Hg, Mg, Mn, Pb, Se, Zn	Certified reference materials (seafood)	Bath	(0.5–4.5)M HNO ₃ + (2.0–4.0)M HCl + 1.5 M H ₂ O ₂ (FAAS/ETAAS/CVAAS)	Room temperature except for Se (90°C)	10.0 min except for Se (35 min)	44
Ca, Cu, Fe, Mg, Mn, Zn	Human hair	Bath	4.0 M HNO ₃ + 3.5 M HCl (FAAS/ETAAS)	80–90°C	10.0 min	72
Cd, Cr, Pb, Se	Human hair	Bath	4.8 M HNO ₃ + 4.8 M HCl + 0.5 M H ₂ O ₂ (ETAAS)	90°C	10.0 min	73
Hg (Me-Hg)			0.5 M HNO ₃ + 4.8 M HCl + 0.5 M H ₂ O ₂ (CVAAS)	Room temperature		
Ca, Cu, K, Mg, Mn, Na, Zn	Edible seaweed	Bath	3.7 M HNO ₃ + 3.0 M HCl + 3.0 M H ₂ O ₂ (FAAS/FAES)	65°C	35.0 min	75
Fe			Step 1: 6.0 M HCl Step 2: 3.7 M HNO ₃ + 3.0 M HCl + 3.0 M H ₂ O ₂ (FAAS)	Room temperature 65°C	10.0 min 35.0 min	
As, Ca, Cd, Cu, Fe, K, Mn, Mg, Na, Ni, Zn	Edible seaweed	Bath	Step 1: 6.0 M HCl Step 2: 3.7 M HNO ₃ + 3.0 M HCl + 3.0 M H ₂ O ₂ (ICP-OES)	Room temperature 65°C	10.0 min 35.0 min	76

(Continued)

TABLE 1 Continued

Analyte	Sample	Processor	Leaching solution (atomic spectrometric technique)	Temperature	Leaching time	Ref.
Ba, Ca, Cd, Cu, Mg, Mn, Ni, Pb, Sr, Zn	Plants	Bath	Diluted HNO ₃ and HCl (ICP-OES) ^b	Room temperature	40.0 min	79
Ca, Cu, Fe, K, Mn, Zn	Vegetables	Bath	5%(v/v) HNO ₃ (FAAS)	70°C	30.0 min	80
Al, Ba, Ca, Cd, Cr, Cu, Fe, Mg, Mn, Ni, P, Pb, Sr, Ti, Zn	Plants	Bath	1.0 M HCl +surfactants (ICP-OES)	Room temperature	40.0 min	81
Cr, Cu, Pb, Zn	Sludge	Bath	1.0 M HNO ₃ +2.0 M HCl (FAAS)	Room temperature	10.0 min	82
As, Ca, Cd, Co, Cr, Cu, Fe, Hg, Mg, Mn, Pb, Se, Zn	Certified reference materials (seafood)	Bath	(0.5–4.5)M HNO ₃ + (2.0–4.0)M HCl +1.5 M H ₂ O ₂ (FAAS/ETAAS/CVAAS)	Room temperature except for Se (90°C)	10.0 min except for Se (35.0 min)	83
Cd, Cu, Zn	Fish and mussel	Bath	4.0 M HNO ₃ +4.0 M HCl +0.5 M H ₂ O ₂ (FAAS/ETAAS)	56°C	30.0 min	84
As	Seafood (TORT-2)	Bath	80% MeOH	Room temperature	60.0 min	85
Cd			2.0%(v/v) HNO ₃ (ICP-MS)			
Al, Cr, Cu, Fe, K, Li, Mg, Mn, Na, Ti, Zn	Quartz	Bath	Stage 1: Treatment at 700°C			92
			Stage 2: 10%(v/v) HF (ICP-OES)	Room temperature	65.0 min	
Cd	Aquatic plant, mussel	Probe	3.0%(v/v) HNO ₃ (ETAAS)	Room temperature	1.0 min	93
Cd	Mussel	Probe	3.0%(v/v) HNO ₃ (ETAAS)	Room temperature	15 s	94
Pb	Biological materials	Probe	1.0 M HNO ₃ (ETAAS)	Room temperature	3.0 min	95
Cd, Pb					1.0–5.0 min	
Cd, Cu, Pb	Biological materials sediments	Probe	0.5–5.0%(v/v) HNO ₃ (ETAAS)	Room temperature	2.0–5.0 min	96
Pb	Biological materials	Probe	3.0%(v/v) HNO ₃ (ETAAS)	Room temperature	3.0 min	97
Cu	Biological materials	Probe	3.0%(v/v) HNO ₃ (ETAAS)	Room temperature	3.0 min	98
As	Seafood	Bath	3.0%(v/v) HNO ₃ (ETAAS)	Room temperature	3.0 min	99
As, Ni, Se, V	Fish and shellfish	Probe	0.5–3.0%(v/v) HNO ₃ (ETAAS)	Room temperature	30.0 min	100
Ni, V		Probe			3.0 min	
Se	Seafood	Probe	0.5%(v/v) HNO ₃ (ETAAS)	Room temperature	3.0 min	102

(Continued)

TABLE 1 Continued

Analyte	Sample	Processor	Leaching solution (atomic spectrometric technique)	Temperature	Leaching time	Ref.
Se	Breast cancer biopsies	Probe	0.5%(v/v) HNO ₃ +4.4%(v/v) H ₂ O ₂ (ETAAS)	Room temperature	3.0 min	103
Hg	Fish	Probe	2.0 M HCl (CVAAS)	Room temperature	3.0 min	104
Cu, Mn, Pb, Zn	Aquatic plants	Probe	Stage 1: 1.0%(w/w) HCl +15%(w/w) HNO ₃	Room temperature	3.0 min	105
			Stage 2: 1.0%(w/w) HCl +15%(w/w) HNO ₃ (FAAS)		3.0 min	
Mg, Mn, Zn	Vegetables	Probe	0.3%(v/v) HNO ₃ (FAAS)	Room temperature	3.0 min	106
Ca, Cd, Cr, Cu, Fe, Mg, Pb, Zn	Animal tissues	Probe ^c	15.0%(v/v) HNO ₃ (FAAS/ETAAS)	Room temperature	10.0 min	107
Ca, Cd, Mg, Mn, Pb, Zn	Plants, aquatic moss	Probe	0.1 M EDTA pH 10 (FAAS/ETAAS)	Room temperature	3.0 min	108
Hg	Fish	Probe	5.0%(v/v) HNO ₃	Room temperature	3.0 min	109
			+0.02%(w/v) thiourea			
	Plants		10.0%(v/v) HNO ₃		3.0 min	
			+0.02%(w/v) thiourea			
	Coal fly ash		20.0%(v/v) HNO ₃ +0.2%(w/v) thiourea (CVAAS)		4.0 min	

^a3 cycles for extracting Fe.^bConcentrations not available.^cSample into the extraction chamber is immersed into a water bath at room temperature and the ultrasound probe is placed 1 mm from the top surface of the extraction cell.

the use of diluted acids and leaching at room temperature^[63–69] for extracting different trace elements from biological materials are summarized in Table 2. From these data, quantitative recoveries were achieved for most of the elements, except for Se in bovine liver and mollusk soft tissue^[65,69] and for Cd in human hair.^[66]

To improve metal recovery, some authors have proposed the combined effect of ultrasound energy and moderate high temperature.^[70] After a systematic study of the effect of temperature and the acid leaching composition, it could be concluded that metal releasing from the solid particles was dependent on the trace element and the nature of sample. Therefore, several trace elements (As, Ca, Cd, Co, Cr, Cu, Fe, Hg, Mg, Mn, Pb, and Zn) could be leached from seafood products (mussel, clam, and tuna soft tissues) by sonicating at room temperature, while a temperature of 90°C was needed to quantitatively extract Se.^[44,71] These results agree with those obtained by Mierzwa et al.^[65] and El Azouzi et al.^[69]

However, similar approaches applied to human hair samples required high temperature (80–90°C) for extracting Ca, Cu, Fe, Mg, Mn, and Zn^[72] and Cd, Cr, Hg, Pb, and Se.^[73]

The effectiveness of the extraction was also found dependent on the composition of the acid leaching solution, and 2.5 M/0.5 M HCl/HNO₃ mixture was adequate to extract Co and Hg from seafood products, while higher acid concentrations (up to 3.8 M) were required for extracting other elements.^[71] In addition, quantitative Fe recoveries from seafood products were only achieved in the presence of H₂O₂ at 1.5 M in acid leaching solution.^[71] A similar result has been obtained by Melo et al.^[74] when extracting Fe from fish muscle tissue by sonication with a water soluble tertiary amines (50%(v/v)) and H₂O₂ at 30%(m/m). In general, the acid leaching composition required higher HCl/HNO₃ concentrations for human hair than those needed for mollusk and fish soft tissues.^[72,73]

When treating seaweed samples, some major elements such as Ca, Cu, K, Mg, Mn, Na, and Zn

TABLE 2 Applications of Continuous on-line Ultrasound Assisted Leaching Methods (Ultrasonic Bath and Probe)

Analyte	Sample	Processor	Leaching solution (atomic spectrometric technique)	Temperature	Leaching time	Ref.
Cu	Mussels	Bath	3.0 M HNO ₃ + 3.0 M HCl (FAAS)	Room temperature	5.0 min	114
Ca, Cu, Fe, Mg, Zn	Animal feeds	Probe	10.0%(w/w) HNO ₃ (FAAS)	40°C	18.0 min	115
Ca	Mussels and clams	Bath	3.0 M HNO ₃ (FAAS)	Room temperature	0.5 min	116
Cr	Mussels	Bath	3.0 M HNO ₃ + 3.0 M HCl (FAAS)	Room temperature	5.0 min	117
Cu	Mussels and clams	Bath	3.0 M HNO ₃ (FAAS)	Room temperature	1.0 min	118
Fe					3.0 min	
Fe	Mussels	Bath	3.0 M HNO ₃ + 3.0 M HCl (FAAS)	Room temperature	5.0 min	119
Mn	Mussels and clams	Bath	1.5 M HNO ₃ (FAAS)	Room temperature	0.5 min	120
Fe	Meat	Bath	3.0 M HNO ₃ + 3.0 M HCl (FAAS)	Room temperature	5.0 min	121
Zn	Meat	Bath	0.75 M HNO ₃ or 0.75 M HCl (FAAS)	Room temperature	0.5 min	122
Cd	Human hair	Bath	3.0 M HNO ₃ (FAAS)	80°C	4.0 min	123
Pb					2.0 min	
Cu, Fe, Mn	Human hair	Bath	3.0 M HNO ₃ (FAAS)	80°C	3.0 min	124
Zn				70°C	2.0 min	
Cd	Mussels	Bath	3.0 M HNO ₃ (FAAS)	Room temperature	2.0 min	125
Pb					3.0 min	
Cd	Vegetables, fruits	Bath	3.0 M HNO ₃ (FAAS)	Room temperature	2.0 min	126
Cd	Meat	Bath	3.0 M HNO ₃ (FAAS)	Room temperature	2.0 min	127
Cd	Legumes	Bath	2.0 M HNO ₃ (FAAS)	Room temperature	2.5 min	128
	dried fruits		3.0 M HNO ₃ (FAAS)		1.0 min	
Cd	Cheese, yogurt	Bath	3.0 M HNO ₃ (FAAS)	Room temperature	0.5 min	129
Ni	Food	Bath	1.5–3.0 M HNO ₃ (FAAS)	Room temperature	0.5–3.0 min	130
Co	Seafood	Bath	3.0 M HNO ₃ (FAAS)	Room temperature	2.0 min	131
Cr					2.5 min	
Zn	Welding fumes	Bath	3.0 M HNO ₃ (FAAS)	Room temperature	4.0 min	132
Cd	Welding fumes	Bath	3.0 M HNO ₃ (FAAS)	50°C	1.0 min	133
Ni				80°C	4.0 min	
Pb				70°C	2.0 min	
Cr(VI)	Welding fumes	Bath	10.0%(w/v) Na ₂ CO ₃ + 2.0%(w/v) NaHCO ₃ (FAAS)	40°C	5.0 min	134

could be easily leached at 65°C and 17 kHz with an acid leaching solution containing HCl and HNO₃, and also H₂O₂.^[75] However, it has been reported that a previous sonication stage with 6.0 M HCl at room temperature for Fe^[75] or at 65°C for Cd, Cr, Ni, and Pb^[76] was needed for destroying cellular walls and allowing the completeness of the extraction. These results agree with similar studies when extracting different arsenic species from seaweed samples.^[77,78] Similarly, the combined effect of diluted nitric and hydrochloric acids with ultrasounds and high temperature was also tested to assess trace elements in plant materials, showing quantitative recoveries for some target elements (Ba, Ca, Cd, Cu, Mg, Mn, Ni, Pb, Sr, and Zn) although lack of accuracy for Al, Cr, Fe, Ti, and V.^[79] Finally, other recent applications for biological materials, also summarized in Table 2,

comprise the application of ultrasounds to treat plants and vegetables^[80,81] or sludge samples,^[82] and ultrasounds and temperature for trace elements leaching from seafood products.^[83–85] Therefore, the nature of the sample and/or the bonds between the analytes and the matrix constituents' influences the acid leaching composition and the need of the use of high temperature during sonication.

Although ultrasound-assisted acid leaching methods have shown great potential for extracting trace elements from biological materials, applications for geological and environmental (mainly sediments and soils) samples are scarce to assess total element contents. Most of the applications dealing with marine sediments, soils, and particulate matter both using ultrasound water baths^[86–90] or probes^[91] have required concentrated acids in order to digest or

partially digest the sample. Therefore, although using ultrasounds, these methodologies can not be considered as green. However, there is one application involving the use of diluted acids and ultrasound water bath and probe to leach trace impurities from quartz samples.^[92] The authors conclude that diluted HF leads to quantitative recoveries for some elements (Cu, Mn, K, and Na) for both ultrasound water bath and probe, but the number of metal quantitatively recovered can be increased when performing a previous thermal treatment of quartz samples at 700°C before the sonication stage.

Ultrasound Probe-Assisted Leaching

As commented before, high ultrasound intensities and a better repeatability among different ultrasound acid leaching procedures can be achieved when using ultrasound probes.^[53–57] These applications normally require smaller amounts of sample and smaller volumes of leaching solution than those used for ultrasound water baths, typically 10–30 mg and 1 mL, respectively. Table 2 lists the published methods, mainly to assess total metal contents in biological samples by ETAAS. In these cases, the sample is placed directly in the autosampler cups (commonly 1.5–2.0 mL of capacity) and after adding the diluted acid solution the resulting slurry is sonicated for a certain time, placed in the autosampler tray, and allowed to stand without further stirring. Finally, the acidic supernatant, normally 20 µL, is injected into the graphite tube. Quantitative metal extractions can be achieved after short sonication times, less than 5 min, due to a high ultrasound intensity provided by ultrasonic probes. This implies an important advantage over ultrasonic baths. This methodology has been reported to assess trace elements such as Cd,^[93–96] Pb,^[62–64,97] Cu,^[64,98] As,^[99,100] V and Ni^[67,101] and Se^[66,102,103] from seafood products (Table 2). Higher sample masses and acid leaching volumes were used to extract Hg from fish tissues for flow injection cold vapor-atomic absorption spectrometry detection^[104] or to leach Pb, Mn, and Zn from aquatic plants,^[105] or Mg, Mn, and Zn from plants^[106] before flame atomic absorption spectrometry (FAAS). Animal tissues (raw pig ham and bovine liver) were also treated by ultrasonic probe to leach several elements for FAAS and ETAAS determinations.^[107] Finally, a similar procedure has also been reported for the determination of Cd, Ca, Mg,

Mn, Pb, and Zn in plant and aquatic moss after ultrasound assisted leaching with EDTA at alkaline pH as an extracting solution^[108] or for the extraction of total mercury from fish, plants, and coal fly ash with thiourea-nitric acid as an extracting solution.^[109] It must be noted that lack of accuracy (low analyte recoveries) has been reported for Cu when using ultrasound probes and diluted nitric acid.^[96,98,105]

Continuous On-Line Ultrasound-Assisted Leaching

Since the development and implementation of flow injection analysis systems (FIAS) in the analytical laboratories, the samples and/or solutions introduction could be automated in most of the analytical instruments. This fact allowed the sample pretreatment just before analyte determination, shortening the pretreatment times and mainly decreasing analyte losses and sample contamination. On-line ultrasound-assisted extraction methods by means of a FIAS were developed early to assess trace metals from solid samples by coupling the system to a UV-Vis spectrometer.^[110,111] From these first works, some approaches have been developed for interfacing either ultrasounds-assisted leaching or microwave-assisted leaching procedures^[112] to atomic spectrometry instruments. The approaches imply mainly the use of a single leaching solution to extract a certain number of analytes, but applications using different extracting solutions that are sequentially passed through the solid sample enclosed in a chamber (column or cell) have also been described.^[113]

Both ultrasound water bath and ultrasound probe devices have been used for continuous ultrasound-assisted leaching procedures. In the first case, the solid sample enclosed in the extraction chamber is immersed in the ultrasonic water bath and after loading the leaching solution in the circuit the system is sonicated for a certain time.^[114] When using an ultrasonic probe, similar operations regarding extraction chamber filling and leaching solution loading are applied but the extraction chamber is immersed in a water bath and the ultrasound irradiation is applied with the probe placed 1 mm from the top surface of the extraction cell.^[115]

Extraction chambers containing the solid sample consist of glass minicolumns (50 mm × 3 mm i.d.) or of stainless-steel cylinders (10 cm × 10 mm i.d.),

closed with screws at either end. The screw caps are plugged with filter paper or cellulose filters to ensure that the sample remained in the extraction unit.^[114,115]

There are described in the literature two main approaches for the continuous on-line ultrasound-assisted acid leaching of trace elements from solid samples. In the first one, after immersing the extraction cell containing the sample into the ultrasonic bath, the system is loaded with a certain volume of the leaching solution (for instance 1.3 mL of 3.0 M/3.0 M HNO₃/HCl in Ref. 114), the circuit is then closed and this volume of leaching solution is pumped, at a fixed flow rate, through the extraction cell for a certain time under sonication conditions. After this extraction time, the leachate passes to a mixing coil and a small volume (around 250 µL) is injected by means of an injection valve into a carrier (ultrapure water) stream through the detection system.^[114]

When using the second operation mode, after the extraction chamber containing the sample is immersed in the water bath, the leaching solution (for instant 10% (w/w) HNO₃ in Ref. 115) is continuously circulated through the solid sample for a certain time under ultrasound irradiation. Finally, after extraction was completed, the extract is collected and conveniently diluted before analyte determination. For either operation modes, the direction of the flow of the leaching solution during the extraction is changed after a fixed period of time (commonly between 30 and 80 s) to avoid compactness of the sample at the extraction chamber ends that could cause overpressure in the system.

Table 3 lists the continuous on-line ultrasound acid leaching procedures described in the literature. Moreover, the methods described earlier for the acid leaching of Cu from mussel^[114] and Ca, Cu, Fe, Mg, and Zn from animal feeds,^[115] there are reported several applications for extracting Ca,^[116] Cr,^[117] Cu,^[114,118] Fe,^[117,119] and Mn^[120] from seafood products, and Fe and Zn from meat.^[121,122] Nitric acid at a concentration of 3.0 M was enough for leaching Ca, Cu, Fe, and Mn from seafood at room temperature,^[114,116–120] while a nitric acid/hydrochloric acid mixture was needed to treat meat samples.^[121,122] Human hair samples were also subjected to continuous on-line acid leaching to extract Cd and Pb^[123] and Cu, Fe, Mn, and Zn.^[124] Sonication at a relative

high temperature (70–80°C) was needed to obtain accurate results. These results agree with those previously reported for discontinuous (off-line) acid leaching methods to treat hair samples.^[72,73]

Further applications (Table 3) were developed to combine the continuous on-line ultrasound-assisted acid leaching procedure with on-line pre-concentration of the leached analytes using chelating resins prior to FAAS determination. In such cases, after the acid extraction was completed, the leachate was mixed with a buffer solution stream (to obtain the optimum pH for the analyte complexation/retention in the resin), and then was passed through the pre-concentration column. Finally, the analyte was eluted with an acid solution and swept to the spectrometric detector. Following this general approach, trace elements present at low levels in food samples (seafood, meat, legumes, fruits) were conveniently on-line extracted, pre-concentrated, and determined by FAAS.^[125–131]

Finally, some applications of continuous ultrasound-assisted acid leaching procedures have been developed for environmental samples (welding fumes).^[131–134] In these cases, nitric acid at a concentration of 3.0 M was found adequate as an acid leaching. Some elements such as Zn can be quantitatively leached from the solid particles after sonication at room temperature.^[132] However, other trace elements, such as Cd, Ni, and Pb, were efficiently leached at temperatures between 50 and 80°C^[133] and hexavalent chromium extraction in alkaline medium was only possible by sonicating at 40°C.^[134]

Microwave-Assisted Leaching

The use of microwave energy for sample preparation has been widely accepted for assessing inorganic and organic compounds in different biological and environmental samples.^[135,136] Regarding elemental analysis by spectrometry techniques, since the first reported application by Abu-Samra et al.^[137] to acid digestion of biological materials, microwave-assisted acid digestion is now a well-established methodology for treating biological, environmental, and geological samples and it is by far the chosen sample pretreatment for routine analysis.^[138,139] The rapid heating achieved by microwave irradiation as consequence of ionic migration (dissolved salts in the solvent) and/or dipolar

TABLE 3 Applications of Microwave Assisted Leaching Methods

Analyte	Sample	Microwave oven	Leaching solution (atomic spectrometric technique)	Power/ Temperature/Pressure	Leaching time	Ref.
Cr, Cu, Pb, Zn	Sludge	Household microwave oven	0.5 M HNO ₃ + 0.7 M HCl (FAAS)	75 W + 170 W	0.5 min + 2.0 min	82
Co, Cu, Fe, Mg, Mn	Apple leaves	High pressure microwave oven	14.0% (v/v) HNO ₃ (FAAS/ETAAS)	1104 KPa	30.0 min	140
Ca, Cd, Cr, Mn, Pb	Seafood	Household microwave oven	4.5 M HNO ₃ + 2.8 M HCl + 0.5 M H ₂ O ₂	64 W	2.0 min	141
Cu, Fe, Mg, Zn			4.0 M HNO ₃ + 3.3 M HCl		1.5 min	
As			0.5 M H ₂ O ₂ + 4.5 M HCl		2.0 min	
Co			1.0 M HNO ₃ + 0.5 M HCl + 4.5 M H ₂ O ₂		2.0 min	
Se			4.5 M HNO ₃ + 4.5 M H ₂ O ₂		2.0 min	
Hg			0.5 M HNO ₃ + 3.3 M HCl + 0.5 M H ₂ O ₂		1.75 min	
B, Cd, Ni, Pb, Sr, Zn	Plants	High pressure microwave oven	(FAAS/ETAAS/CVAAS) 0.02 M EDTA	250 W + 400 W + 550 W + 250 W	5.0 min + 10.0 min + 5.0 min	142
B, Ba, Cd, Cu, Mn, Ni, Pb, Sr, Zn			1.0 M HCl (ICP-OES)			
Ba, Cd, Cr, Cu, Fe, Mn, Pb, V, Zn	Mussels	High pressure microwave oven	2.5 M HNO ₃ + 3.0 M HCl + 0.5% (m/v) H ₂ O ₂ (ICP-OES)	From room temperature to 65°C	2.5 min ^a	143
As	Fish	High pressure microwave oven	0.075% (w/v) TMAH (ETAAS)	From room temperature to 50°C	10.0 min ^b	144
As	Seafood (TORT-2)	High pressure microwave oven	2.0% (v/v) HNO ₃ or 80% MeOH	From room temperature to 75°C	6.0 min	85
Cd			2.0% (v/v) HNO ₃ (ICP-MS)			
Cu, Fe, Mn, Zn	Multimineral supplements	High pressure microwave oven	0.7 M HNO ₃ (FAAS)	360 W	15.0 min	145
Al, Ca, Mg, Mn	Tea leaves	Focused microwave oven	1.4 M HNO ₃ (ICP-OES/FAAS)	From room temperature to 95°C	2.0 min ^c	146
As, Hg, Se ^e	Coal	Focused microwave oven	6.0–8.0% (w/w) HNO ₃ (H-GAFS/CVAFS)	65% maximum power ^d	3.0 min ^f	147
Cd, Pb ^g	Beech leaves	Focused microwave oven	1% (v/v) HNO ₃ (ETAAS)	300 W	10–15 min	112

^a0.5 min at 65°C.^b5.0 min at 50°C.^c3.0 min at 95°C.^dMaximum power 300 W.^eFocused microwave Soxhlet acid leaching.^fEach irradiation cycle (total cycle time 9 min).^gContinuous microwave assisted acid leaching.

rotation (molecular solvents) and the new developments using closed reaction vessels under controlled pressure and temperature, are some of the main advantages offered by microwave-assisted procedures.

Microwave-assisted acid digestion procedures require the use of concentrated acids to totally destroy the sample, but as proposed by Lorentzen and Kingston,^[45] there is the possibility of extracting (leaching) trace elements without total sample decomposition. In such cases, the term microwave-assisted acid leaching is preferred, although the mechanisms through which the elements reach the solution must be considered as partial sample decomposition due to diluted oxidizing and relatively high temperature and pressure are used.^[45] However, it must be mentioned that a total digestion of a sample can be obtained using diluted acids and microwave irradiation.

Table 4 summarizes the application of microwave-assisted leaching procedures involving the use of diluted acids/reagents. The first approach can be attributed to Zhou et al.^[140] who used a high pressure microwave oven and 14%(v/v) HNO₃ as a extracting solution for leaching Ca, Cu, Fe, K, Mg, Mn, Ni, and Zn from apple leaves. Good accuracy was achieved with the exception of Ni (analytical recovery lower than 90%). Then, other applications using household microwave ovens,^[82,141] as well as high pressure^[142–145] and focused microwave ovens,^[146] were developed to treat sludge,^[49] seafood products (mussels and fishes and CRM of marine origin),^[85,141,143,144] plants (leaves of spinach beet and onion),^[142] multimineral supplements^[145] or tea leaves.^[146] It must be noticed that non-quantitative recoveries for Al from mussel soft tissue^[143] and plant leaves^[142,146] have been reported.

Finally, Table 4 lists two additional applications involving acid leaching by means of a focused microwave Soxhlet device^[147] and a continuous microwave-assisted acid leaching procedure.^[112] In the first approach, a quartz vessel containing the sample (coal) and the extracting solution, is connected to a glass piece provided with three orifices to fit a refrigerant supply, to purge off the evaporated extracting solution, and to fit a glass tube (with a PTFE tube inside) connected to a cellulose cartridge, which was located 15 cm above the sample–nitric acid surface.^[147] The leaching procedure consists of different cycles, each involving sequential stages

such as a filling step with acid leaching solution, microwave irradiation, and immersion of the cartridge into the nitric acid solution–solid sample suspension to filter the solution toward the interior of the cartridge through its walls by aspiration.^[147] In the second approach, the sample (beech leaves) is placed into an extraction cell connected to an extraction loop that is filled with the acid leaching solution (2.0 mL). The extraction cell is then placed in the vessel of the focused microwave oven, which contains water and it is irradiated at 300 W for 10–15 min.^[147]

Pressurized Liquid Extraction and Pressurized Hot Water Extraction

Pressurized liquid extraction (PLE), also called pressurized fluid extraction (PFE), pressurized solvent extraction (PSE) or accelerated solvent extraction (ASE), is a well-established methodology for the extraction of organic compounds.^[148–150] The technique is based on using solvents at a high pressure and/or high temperature without reaching the critical point. Under these conditions, the properties of the solvent, mainly the dielectric constant and the surface tension, are modified and the solubility of analytes in the extracting is increased. When using water as a solvent, the technique is commonly called pressurized hot water extraction (PHWE),^[151] but the instrumentation as well as critical parameters controlling the extraction process are similar to PLE. In general, the system comprises a stainless-steel extraction cell, in which the sample, previously dispersed in an inert support, is placed and for which parameters such as temperature, pressure, static extraction time, and extraction cycles are programmed by electronically controlled heaters and pumps. The sample must be dispersed in an inert dispersion medium prior to extraction to assure good solvent sample contact within the extraction cell.^[150]

Because the transfer of analytes from the solid sample to the extracting solution is enhanced at the used temperature and pressure, the treatment can be carried out with small amounts of solvents and generation of wastes are reduced. In addition, the use of water or modified water (water with certain modifiers or additives to enhance the solubility of analytes in water or to increase interactions of water with the analytes)^[151] makes the technique environmentally friendly.

TABLE 4 Applications of Pressurized Hot Water Extraction and Pressurized Liquid Extraction

Analyte	Sample	Pressurized device	PHWE/PLE conditions	Atomic spectrometry technique	Leaching time	Ref.
Se	Sludge	Laboratory-made extractor	Water, 50–250°C, 200 bar	HG-AFS	15.0 min	153
As, Hg, Se	Coal	Laboratory-made extractor	Acidified water (4.0%(v/v) HNO ₃), 80–250°C, 50 bar	GF/CV-AFS	15.0 min	154
Al, Ca, Fe, K, Mg, Na	Coal	Laboratory-made extractor	Acidified water (1.0%(v/v) HNO ₃), 50–300°C, 20–150 bar	FAAS/FAES	120.0–300.0 min	155
Cd, Pb	Plants	Laboratory-made extractor	Acidified water (1.0%(v/v) HNO ₃), 100–250°C	ETAAS	5.0 min	157
Cd, Cr, Cu, Ni, Pb, V	Industrial oils	Laboratory-made extractor	Acidified water (4.0%(v/v) HNO ₃ + 0.1 M KCl), 150°C	ETAAS		158
Cu, Fe, Ni, V, Zn	Industrial oils	Laboratory-made extractor	Acidified water (20.0%(v/v) HNO ₃ + 1.0 M KCl), 175°C	FAAS		159
Cl [−] , F [−] , SO ₄ ^{2−}	Industrial oils	Laboratory-made extractor	Acidified water (5.0%(v/v) HNO ₃), 200°C	IC		160
Al, As, B, Ba, Cd, Cu, Fe, Mn, Pb, Se, Zn	Particulate matter	Laboratory-made extractor	Acidified water (0.1%(v/v) HNO ₃), 150°C, 1500 psi	ICP-OES/ICP-MS/HG-AAS	15.0 min (30.0 min) ^a	161
Cd, Cu, Zn	Squid waste	Laboratory-made extractor	Water, 170–380°C, 0.79–30 MPa	FAAS	1.0–40.0 min	162
B	Soils	Espresso machine	Water, 90°C	ICP-OES	1.0 min	163
Cd, Cr, Cu, Ni, Pb, Zn	Sediments	Supercritical fluid extractor	Water or water-+CO ₂ , 80°C, 27 MPa	ICP-OES/ICP-MS	5.0 h	165
As	Seafood	Supercritical fluid extractor	Water, 125–150°C, 376–2188 psi	ICP-MS	20.0 min	85
Mo	(TORT-2)		Water, 100–150°C, 376–2188 psi			
Se			Water, 150°C, 376–2188 psi			
Cu, Mn, Pb	Sludge, river sediment, coal fly ash	Dionex ASE-200	0.02 M EDTA [−] , 150°C, 14 Mpa, 5 cycles	ETAAS	30.0 min	166
Ca, Cd, Co, Cr, Cu, Mg, Mn, Na, Ni, Pb, Sr, V, Zn	Particulate matter	Dionex ASE-200	40.0 mM EDTA ^b , 100°C, 1000 psi, 1 cycle	ICP-OES	10.0 min	167
Cd, Zn	Plants	Dionex ASE-200	0.01 M CDTA ^c , 75°C, 1500 psi, 1 cycle	FAAS/ETAAS	5.0 min	168
Al, As, Cd, Co, Cu, Fe, Hg, Li, Mn, Pb, Se, Sr, V, Zn	Seafood	Dionex ASE-200	1.0 M formic acid, 125°C, 500 psi, 1 cycle	ICP-OES	10.0 min	169

(Continued)

TABLE 4 Continued

Analyte	Sample	Pressurized device	PHWE/PLE conditions	Atomic spectrometry technique	Leaching time	Ref.
As, Cd, Cr, Ni, Pb	Marine sediments, soils	Dionex ASE-200	8.0 M acetic acid, 100°C, 1500 psi, 2 cycles	ICP-OES	15.0 min	170
As, Ca, Cd, Co, K, Li, Mg, Na, Ni, Sr	Human hair	Dionex ASE-200	0.75 M acetic acid, room temperature, 140 atm, 1 cycles	ICP-OES	5.0 min	171
As, Ca, Cd, Co, Cr, K, Mg, Mn, Na, Pb, Sr, Zn	Seaweed	Dionex ASE-200	0.75 M acetic acid, room temperature, 10.3 MPa, 1 cycle	ICP-OES	5.0 min	172

^a30 min dynamic extraction time.

^bEDTA, ethylenediaminetetraacetic acid.

^cCDTA, 1,2-diaminocyclohexane-N,N,N',N''-tetraacetic acid.

Therefore, besides the several applications of PLE and PHWE for extracting organic compounds, methods for extracting organometallic species, mostly arsenicals and organotin species, from environmental and biological materials were developed with great success^[152] and also PLE/PHWE has been proposed to leach metals as a green alternative to acid digestion procedures.^[152] The first applications for extracting metals (Table 5) were developed by Luque de Castro and colleagues using subcritical water^[153] or acidified subcritical water^[154,155] with an extractor made of stainless steel and designed and patented by Salvador and Merchán.^[156] The methods comprise the continuous extraction of Se from sludge samples^[153] or As, Hg, and Se from coal^[154] and HG/CV-AFS determination, or an off-line procedure to extract Al, Ca, Fe, K, Mg, and Na from coal before FAAS or ETAAS measurement.^[155] For acidified subcritical water extraction, the leaching solution consists of water modified with 1.0 to 4.0%(v/v) HNO₃.^[154,155,157] Similar composition of the extracting solutions was also used for a continuous pressurized liquid-liquid extraction of Cd, Cr, Cu, Ni, Pb, and V^[158] or Cu, Fe, Ni, V, and Zn^[159] from used industrial oils and even for extracting non-metal species (chlorine, fluorine, and sulphur).^[160] Laboratory-made prototypes for subcritical water extractions were also used by Morales-Riffo and Richter to treat airborne particulate matter^[161] and by Tavakoli and Yoshida to remove trace elements from solid (squid) wastes.^[162] Finally,

it is worth mentioning the application by Webb et al. for the pressurized hot water extraction of boron from soils by using household devices such as different espresso machines from different manufacturers.^[163]

A commercial supercritical extractor, designed for supercritical carbon dioxide extractions (SFE),^[164] was also used by Heltai et al.^[165] for a combined BCR three-steps sequential method involving supercritical carbon dioxide, subcritical water, and a subcritical mixture of water (90%) and carbon dioxide (10%). The procedure was applied in ecotoxicological studies of contaminated sediments by Cd, Cr, Cu, Ni, Pb, and Zn. A similar system was used for the subcritical water extraction of As, Mo, and Se from TORT-2 CRM (non-quantitative recoveries were obtained for Cd and Co).^[85]

The first application of a commercial PLE piece of equipment (Dionex ASE-200 system) for leaching metals is attributed to Wanekaya et al.^[166] who investigated the use of chelating agents (EDTA) in aqueous solution as extracting under pressurized conditions. These authors called the methodology pressurized assisted chelating extraction (PACE) and quantitatively extracted Cu, Mn, and Pb from sludge, coal fly ash, and river sediments (Table 5). Other applications of diluted solutions of chelating agents as extracting for PLE (40 mM EDTA) were led to leach major and trace elements from atmospheric particulate matter (PM₁₀), previously collected on quartz fiber filters.^[167] The quantitative

TABLE 5 Applications of Enzymatic Hydrolysis for Total Metal Extraction

Analyte	Sample	Enzyme	Enzymatic hydrolysis conditions	Atomic spectrometry technique	Leaching time	Ref.
Cd, Cu, Pb, Tl	Human liver, human kidney	Subtilisin Carlsberg	Trizma base (pH unknown), 55°C	FAAS	60 min	175
Se	Blood serum	Pronase E	37°C	ICP-MS	overnight	177
As, Cd, Cu	Mussels	Pronase E	37°C, buffer 0.1 M/0.1 M TRIS/HCl, pH 7.4	FAAS/ETAAS	5.0 h	178
Se	Plant and animal tissues	Protease type XIV/lipase/cellulase	37°C, 0.03 M TRIS	ETAAS	4.0–8.0 h	179
Se	Plant and animal tissues	Protease type XIV	60°C, 0.03 M TRIS	ETAAS	4.0 h	180
Cd, Pb	Konjac flour	α -amylase	50°C, pH 6.5	ETAAS	8.0 h	181
As, Cd, Cr, Cu, Mn		Trypsina	37°C, buffer 0.1 M/0.1 M PDHP/PHP ^a , pH 9.0 (As, Cd, Cu), pH 6.0 (Cr, Mn)	ICP-OES	24 h	174
Cr, Ni, Pb	Mussels	Pancreatin	37°C, buffer 0.1 M/0.1 M PDHP/PHP, pH 9.0 (Ni), pH 6.0 (Cr, Pb)		24 h	
Cu, Cr, Mn, Pb, Zn		Pepsin	37°C, 0.2 M NaCl, pH 1.0 (with HCl)		6.0 h	
As, Zn	Seaweed	Pepsin	37°C, 1.0%(m/v) NaCl, pH 1.0 (with HCl)	ICP-OES	6.0 h	182
As, Cd, Cr, Cu, Mn, Ni, Pb	Mussels	Trypsin ^b	37°C, buffer 0.2 M/0.2 M PDHP/PHP, pH 8.0	ICP-OES	30 min	183
As, Cd, Cr, Mn, Ni, Pb		Pancreatin ^b	37°C, buffer 0.5 M/0.5 M PDHP/PHP, pH 8.0			
Cu, Cr, Mn, Ni, Pb, Zn		Pepsin ^b	37°C, 1.0%(m/v) NaCl, pH 1.0 (with HCl)			
As, Cd, Cu, Fe, Mn, Ni, Pb, Zn	Seaweed	Pepsin ^b	37°C, 1.0%(m/v) NaCl, pH 1.0 (with HCl)	ICP-OES	30 min	182
As, Cd, Co, Cu, Hg, Li, Mn, Pb, Se, Sr, Zn	Biological materials	Pepsin ^c	50°C, 1500 psi, 3 PLE cycles, Milli-Q water, pH 1.0 (with HCl)	ICP-OES	6.0 min	10
Selenomethionine	Selenized yeast	Protease/lipase/driselase ^d	60 W, 37°C, 2 cycles	HPLC-ICP-MS	30 min	11

^aPDHP/PHP, potassium dihydrogen phosphate/potassium hydrogen phosphate.

^bUltrasound bath assisted enzymatic hydrolysis.

^cPressurized enzymatic hydrolysis.

^dMicrowave assisted enzymatic hydrolysis.

recoveries for all elements investigated offers advantages over time-consuming and contaminant wet digestion methods, commonly required to destroy the quartz filter. Recently, Maurí-Aucejo et al. have

also applied chelating agent-based PLE to extract Cd and Zn from plants.^[168]

Other PLE methods involved the use of diluted carboxylic acids as extracting solutions, such as

formic acid to leach several trace elements from biological materials (CRMs from marine origin),^[169] or diluted acetic acid to treat marine sediment and soil samples,^[170] human hair,^[171] and seaweed.^[172] The concentration of formic acid or acetic acid and the extraction temperature were found to be the most statistically significant PLE factors affecting the leaching process for CRMs of marine origin and marine sediments and soils.^[169,170] However, for biological samples such as human hair and seaweed, the sample mass to dispersing support mass ratio was the most important parameter. Quantitative recoveries for several trace elements (As, Ca, Cd, Co, Cr, K, Li, Mg, Mn, Na, Ni, Pb, Sr, and Zn) were obtained when analyzing seafood, human hair, and seaweed samples^[169,171,172] but only As, Cd, Cr, Ni, and Pb were quantitatively released from marine sediments and soils.^[170] This fact could be explained taking into account that these elements are mainly bonded to an organic fraction of the sediments and soils rather than silicate and iron fractions. Nevertheless, lack of accuracy has been reported by the authors for Al and Cu extractions from all materials.^[169–172]

ENZYMATIC HYDROLYSIS METHODS

Enzymatic hydrolysis or enzymic hydrolysis is a group of procedures that digests biological samples under mild conditions, avoiding the use of polluting or toxic reagents and being, therefore, environmentally friendly procedures. The enzymatic hydrolysis consists of hydrolyzing biomolecules by breaking down certain bonds of these biomolecules at certain environmental conditions (pH, temperature, and ionic strength).^[173] After hydrolysis, the analyte (metal or organometallic specie) is released from the solid biological matrix and it can be finally measured. Enzymes, mainly proteolytic enzymes (proteases), such as pronase E, pepsin, pancreatin, and trypsin, or lipase and amylase, must be carefully selected in base of the nature of sample (high protein, fat, or carbohydrate content). In some cases, a mixture of different enzymes can be used simultaneously but this approach is not always possible because the optimum pH value for a certain enzyme cannot be same for the other one (i.e., pepsin normally operates at pH around 2 while lipase or amylase work at a pH around 7).^[174]

The first work involving the use of enzymes to extract metals was carried out in 1981 by Carpenter,^[175] who used subtilisin Carlsberg proteolytic enzyme for hydrolyzing human liver and kidney tissues (Table 5). Soon, other authors used the high potential of enzymes for organometallic speciation studies mainly because of the mild temperature and pH conditions inherent to enzymatic hydrolysis, which guarantees the integrity of organometallic species during extraction. Therefore, several enzymatic hydrolysis procedures mainly for arsenic, selenium, and tin speciation were developed, as it can be seen in recent reviews.^[9,176]

Concerning total metal contents, since the pioneer work by Carpenter,^[175] Abou-Shakra et al. used pronase E to assess total selenium in blood serum.^[177] This enzyme was also used for treating mussel soft tissue and human hair in order to release Ag, As, Cd, Cu, Fe, Mg, Pb, and Zn.^[44,178] Results showed that only As, Cd, and Cu were quantitatively extracted from mussel soft tissue, being these elements mainly associated to proteins hydrolysable by pronase E.^[178] Other enzymes such as lipase, cellulose, and Protease Type XIV were also used for releasing Se from biological materials (animal and botanical CRMs) prior to a slurry sampling-ETAAS method.^[179,180] A similar approach has recently been developed by Chen et al.^[181] for treating konjac flour (a gel-forming edible dietary fiber) with α -amylase to determine Cd and Pb by slurry sampling-ETAAS.

Different proteases, such as pepsin, pancreatin, and trypsin, and α -amylase and lipase, were used to treat mussel soft tissue^[174] (Table 5). As, Cd, Cu, Cr, and Mn were quantitatively extracted from mussel soft tissue by using trypsin, while Cu, Cr, Mn, Pb, and Zn were recovered when using pepsin.^[174] The pancreatin-based enzymatic hydrolysis only gave good accuracy for Cr, Ni, and Pb.^[174] The systematic evaluation of parameters affecting the enzymatic hydrolysis process showed that temperature, pH, and ionic strength were the most significant variables when hydrolyzing mussel soft tissue. Pepsin, trypsin, and α -amylase were also used to treat seaweed samples.^[182] In this case, quantitative recoveries were obtained for As and Zn using pepsin, while non-quantitative recoveries were obtained for all elements investigated when using trypsin and α -amylase.^[182] Due to the high salts content in the samples (dried edible seaweed), the high ionic

strength in enzyme/sample mixture controlled the enzymatic hydrolysis process and other variables such as pH and temperature were less significant than when treating mussel soft tissues.^[174,182]

Ultrasounds/Microwave/Pressurized-Assisted Enzymatic Hydrolysis

The main drawback of enzymatic hydrolysis procedures is the long time required to complete the hydrolysis process, around 5–16 hr to assess Se in blood serum and trace metals in mussels,^[9] within 12–24 hr when using Protease Type XIV,^[180,181] or between 6 and 24 hr for the use of pepsin, pancreatin, and trypsin for hydrolyzing mussels^[174] and seaweed samples.^[182] In order to speed up the enzymatic hydrolysis process, ultrasounds have been proposed for both total element determination and speciation studies.^[9] The reduction on the enzymatic hydrolysis time when using ultrasounds can be attributed to cell membrane disruptions by the action of ultrasounds and the direct cytosolic content attack by enzymes.^[183] By this way, enzymatic hydrolysis time can be reduced from hours to minutes, around 30 min when using ultrasound water bath^[182,183] or even 1 to 2 min when using ultrasounds probes.^[184] Pressurization has also been used to disrupt cell membranes before enzymatic digestion of biological materials (seafood CRMs, fatty tissue CRMs, and plant CRMs).^[10] The pretreatment time for the pressurized enzymatic hydrolysis procedure can be shortened to 6 min (3 PLE cycles of 2 min each one at 50°C and 1500 psi) for the use of pepsin or pancreatin.^[10] Recently, microwave energy has also been used to accelerate the enzymatic hydrolysis of protein-bound selenium. A focused microwave oven (60 W) and a two-step enzymatic hydrolysis with protease/lipase/driselase were used to reduce the enzymatic digestion to 30 min.^[11]

CONCLUSION

The development of solid sample pretreatments for atomic spectrometry analysis involving the avoidance of corrosive reagents and the use of safe operating conditions is an active research field in modern analytical chemistry. Slurry sampling technique is still the most appealing methodology because it allows the successful introduction and analysis of inorganic

materials in most of the current atomic spectrometric techniques. Other approaches such as acid leaching using diluted acids or certain reagents under ultrasound, microwave, or pressurization conditions have been found useful to assess most of the trace essential and toxic elements in biological samples. However, most of the procedures fail when analyzing inorganic samples for which some trace elements are associated to the silica fraction, or even for biological samples when determining trace elements such as Al. Therefore, efforts must be made in order to increase the analyte releasing from inorganic matrices using diluted reagents and even to improve the developed methods for extracting certain elements such as Al and Fe. Enzymatic hydrolysis procedures have also been adequate for many applications and this group of methods is promising for total element determination and speciation, especially when being assisted (ultrasounds, microwave, or pressurization) in order to speed up the whole process.

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